

# INCOMING 7TH GRADE HEALTH REQUIREMENTS

Dear Parents/Guardians of incoming 7th graders,

In preparation for 7th grade, please read the announcement below regarding health requirements that are needed (**must be submitted by August 5, 2024**).

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## Prepare Your Child for 7th Grade (SY 2024-2025)

### Notice of School Health Requirements

The Hawaii State Departments of Education (HIDOE) and Health (DOH) are collaborating on ways to protect and ensure the health of our keiki. Adolescence is a time of physical, emotional, and social change, and a well-child visit with a healthcare provider can help to prevent health issues from developing. State law requires all students to receive a **physical exam** and **immunizations (Tdap, HPV 2 doses, and MCV)** before starting seventh grade.

### What you need to do:

- Call your child's healthcare provider now to schedule an appointment for a physical exam, as part of a well-child visit
- During the visit, the healthcare provider will:
  - Conduct the physical exam and administer immunizations;
  - Answer your and your child's questions about health and wellness; and
  - Complete the Form 14
- Submit the completed Form 14 to the school your child will attend for seventh grade by the first day of school.

The physical exam must be completed within 12 months before starting seventh grade. Students without the required immunizations by the first day of seventh grade risk being excluded from school. Let the school know if you need more time to schedule your child's appointment.

Email documents to the Health Aide at [Vanessa.Antonio@k12.hi.us](mailto:Vanessa.Antonio@k12.hi.us)  
or Fax 377-2444 Attn: Vanessa Antonio

For more information, visit  
[www.hawaiipublicschools.org/ParentsAndStudents/EnrollingInSchool/HowToEnroll/Pages/7th-grade-exam.aspx](http://www.hawaiipublicschools.org/ParentsAndStudents/EnrollingInSchool/HowToEnroll/Pages/7th-grade-exam.aspx).

Mahalo for supporting your child's health!